

U5 SOCCER MIGHTY MITES

Basic Laws of the Game

Field - $\frac{1}{2}$ of a micro field

Number of Players- Maximum of 4 players on the field at one time. Shifts should be kept short (ie. 3 minutes)

Ball size- Size 3 is used for games and practice.

Equipment- All players must wear shin guards under their soccer socks. Uniform is provided. Cleats are recommended at this age, but not mandatory.

Referees- There are no referees at this age group,

No stats are kept on wins/losses.

No goalies are to be used. Encourage children to stay out of the net, and get the ball.

Coaches will take turns reffing game or scrimmage

Coaches are allowed on the field.

This age group only uses "kick-ins" when a ball goes out of bounds.

No offside are called at this age.

Start and Restart of Play- The ball is in play when it is kicked and moves forward. The kicker cannot touch the ball a second time until it has been touched by another player. The opposing team at a kick off should remain at least 3 yards back from the ball.

Duration of Game- 2 x 15 minute halves, with a break at the half. Coaches are encouraged to organize a fruit break schedule

for parents to take turns sharing the responsibility. Be sure to be allergy conscious.

Practices- start at 6:30, for 30 minutes, on regular game night.

Game Conduct- Rough play and pushing should not be tolerated.